



# KILL GLOBESITY

[www.killglobesity.com](http://www.killglobesity.com)

1. What % of World Will be Obese by 2030?

- a. 30%
- b. 50%
- c. 70%
- d. 90%

2. What Can You Use to Pay for Wellness Services?

- a. HSA
- b. Corporate Wellness
- c. Insurance
- d. All above

3. # global people overweight vs starving?

- a. 2b:300m
- b. 1b:600m
- c. 600m:1b
- d. 300m:2b

4. # ppl die hourly from cardiovascular disease?

- a. 200,000
- b. 20,000
- c. 2,000
- d. 200

5. Fitness Helps YOU with?

- a. love life
- b. business goals
- c. mind
- d. All above

6. % of Cancers Associated with Obesity

- a. 30%
- b. 40%
- c. 50%
- d. 60%



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7. What % of your paycheck goes to Social Security & Medicare?

- a. 5.5%
- b. 9.7%
- c. 15.3%
- d. 25%

8. Top Causes of Personal Failure

- a. Lack purpose
- b. Ill health
- c. Poor finisher
- d. All above

9. How much of \$4 trillion Federal budget spent on Medicare for diabetes?

- a. \$50bn
- b. \$100bn
- c. \$200bn
- d. \$300bn

10. What does average worker wastes 2 hours a day doing?

- a. Date Swiping
- b. Netflix
- c. Sleeping
- d. All above

11. How Much Lost Productivity Cost U.S. Economy in 2030?

- a. \$300bn
- b. \$400bn
- c. \$500bn
- d. \$600bn

12. What are benefits of personal training?

- a. accountability
- b. motivation
- c. save time & money
- d. All Above